



## Project Scissor Gait Foundation The Four Components:

### Medical Equipment

Provide medical equipment to individuals or families affected by arthrogryposis and prune belly syndrome. Work with local and national organizations to advise them of the foundations goals and ability to provide medical equipment to those with the greatest need.

### Scholarships

Establish a scholarship fund that will provide scholarships and funding for advanced educational opportunities to people with Arthrogryposis and Prune Belly Syndrome. Work with local and national organizations to help select eligible recipients for scholarships and/or funding.

### Education & Awareness

Raise awareness about Arthrogryposis and Prune Belly Syndrome through educating the public about AMC, PBS and the scissor gait. Establish grants for research, distribute informational and support resources through hospitals, clinics and organizations focused on the diagnosis and treatment of these birth defects

### Community Outreach

Support local, regional and national disability programs and projects through public speaking engagements to special interest groups, medical students, hospitals and organizations dedicated to improving the quality of life of individuals with disabilities and their families.

## How you can donate to Project Scissor Gait Foundation



Our organization is completely funded through the generous donations of our supporters. Please visit our website MartySheedy.com and click on the "Donate Now" link for the Project Scissor Foundation donation page to help us continue our mission.

Project Scissor Gait Foundation is a Charitable Project of United Charitable programs - a registered 501c3 charity. Your donation is tax deductible to the fullest extent of the law.



## Project Scissor Gait Foundation



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**Marty Sheedy, Executive Director**

Please send all questions and requests to:

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# Project Scissor Gait Foundation

➤ Research

➤ Inspire

➤ Educate

➤ Support

➤ Motivate



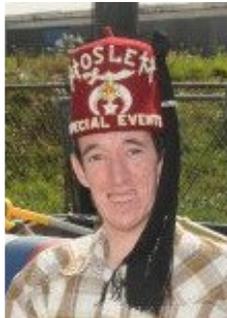
[www.MartySheedy.com](http://www.MartySheedy.com)

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# Mission

Project Scissor Gait Foundation is dedicated to supporting those who were born with Eagle-Barrett Syndrome, more commonly referred to as prune belly syndrome and Arthrogryposis Multiplex Congenita or AMC. We work closely with those who have PBS and AMC as well as their family, friends, and entire support network. Our mission is to raise awareness and educate the general public in regards to prune belly syndrome and arthrogryposis as well as finding ways to fund research along with developing our own scholarship program for individuals affected with PBS and AMC.

# Marty's Bio



Being born with multiple congenital deformities including Arthrogryposis Congenita Multiplex and Prune Belly Syndrome, doctors told his parents that Marty would not live past the age of three and if he did Marty would not walk or function normally. Well, he proved them wrong! Today, Marty is 27 years old and he has learned to enjoy every day to the fullest.

Now that he is older, he wants to raise awareness about the way he walks. Marty believes that his story and walking technique may benefit others looking to adapt their gait pattern. Marty is the Executive Director of his own foundation, Project Scissor Gait Foundation where he works to educate, promote and provide research opportunities on the scissor gait walking pattern, which he uses. Marty travels the country as a motivational speaker telling his story and helping families with children who have Arthrogryposis and Prune Belly Syndrome. Marty's story and drive will touch your heart and inspire millions of people facing adversity to overcome life's challenges.

The Project Scissor Gait Foundation will contribute to Marty's journey so he can continue to motivate and inspire others through his work with Shriners Hospitals for Children, The Arthrogryposis and Prune Belly Associations and this foundation

# Arthrogryposis Multiplex Congenita/AMC

## What is Arthrogryposis Multiplex Congenita/AMC?

Arthrogryposis Congenita Multiplex/AMC is a generic term used to describe multiple congenital contractures. The word arthrogryposis literally means curved joint implying that joint is stuck in a fixed or curved position. Thus, AMC means curved joints in many areas of the body, which are present at birth.

## Which joints are affected by AMC?

Joints affected by AMC include hands, feet, knees, hips, elbows, shoulders, wrists, fingers, toes, jaw and the spine. Any and all joints can be affected but it is possible for some joints to be unaffected. No two people are affected exactly the same way.

## How does AMC affect the joints?

The range of motion in the joints of the arms and legs is usually limited or fixed. The lack of joint mobility is usually covered by overgrowth of tissue called Fibrous Ankylosis.

## How can I get help?

[AMCSupport.org](http://AMCSupport.org) is an excellent resource for parents who think their child may have Arthrogryposis. Their goal is to provide educational materials to parents or soon-to-be parents regarding the diagnosis of AMC and to provide a resource of information to the medical field to assist them with the treatment of a child or person with the diagnosis of AMC.

[AvenuesForAMC.com](http://AvenuesForAMC.com) is a national support group for individuals, families and medical professionals interested in AMC. This site provides networking, medical professionals, research, publications and other resources.

# Scissor Gait

A condition characterized by a gait that appears like scissors usually due to spastic paraplegia.

# Resources

[AMCSupport.org](http://AMCSupport.org)  
[ShrinersHospitalsforChildren.org](http://ShrinersHospitalsforChildren.org) or [Shrinershq.org](http://Shrinershq.org)  
[AvenuesForAMC.com](http://AvenuesForAMC.com)

# Prune Belly/Eagle-Barrett Syndrome

## What is Prune Belly Syndrome?

Prune Belly Syndrome also known as Eagle-Barrett or Triad Syndrome is a group of birth defects that can be serious without proper medical treatment and includes a number of issues that affect the bladder and urinary tract, testicles and abdominal muscles. The lack of development of the abdominal muscles causes the skin in the area to wrinkle-like a prune.

## Symptoms

- A partial or complete lack of abdominal muscles.
- There may be wrinkly folds of skin covering the abdomen.
- Undescended testicles in males.
- Urinary tract abnormality such as unusually large ureters, distended bladder, accumulation and backflow of urine from the bladder to the ureters and the kidneys.
- Prune belly syndrome is characterized by elongated, dilated, and tortuous megareters, which affect 81% of patients.
- Vesicoureteral reflux is common in these patients
- Frequent urinary tract infections due to the inability to properly expel urine.

## How can I get help?

[www.prunebelly.org](http://www.prunebelly.org) The Prune Belly Syndrome Network is a nonprofit advocacy group staffed by volunteers whose goal is to educate the general public about these birth defects and offer an additional line of support for those who have been born with prune belly syndrome as well as their friends and family.

**Prune Belly Syndrome Family** Here you will find information about Prune Belly Syndrome. Whether you are expecting a child who may possibly have PBS, you have a child with it, you are an adult affected by PBS yourself, or you are a friend or family member of someone with Prune Belly Syndrome, our hope is that you will find the information and support you are looking for here.

# Resources

[prunebelly.org](http://prunebelly.org) - Prune Belly Syndrome Support Network  
[prunebellysyndrome.net](http://prunebellysyndrome.net) - Prune Belly Family